



Cubs Soccer Rules

Players & Equipment

1. This is a coed league open to all boys and girls in 4 year old Pre-K and Kindergarten. Participants must be registered with SRC to play.
2. Players must wear shin guards. SRC does have shin guards available for use, but must be returned after each practice and game.
3. Players must not wear anything that is dangerous to another player. No metal cleats.
4. SRC will provide a colored jersey that can be worn over the child's clothing during games. Athletic type clothing is recommended. Please no jeans.
5. Size 3 soccer ball will be used. Game ball will be provided by SRC.

Details of the Match

6. Games will be played on the south side of the practice football field.
7. Play will be 4 vs 4. If a team does not have enough players to play the game, players from the opposing team may be used to play the game.
8. Score will not be kept in this league. There is no goalie position in this league. **The purpose of this league is to get all the kids out moving and participating in play.**
9. Players will have equal playing opportunity. The soccer match will be divided into four 8 minute quarters. Substitution should occur at every four minute interval. The game clock will not be stopped when substitutions take place. This will not be a time out. The only exceptions being a player that becomes injured or ill. Each player must play at least 4 minutes each quarter. Each player will also sit out for one 4 minute period during the game.
10. Quarters will consist of a 3 minute break. Half time will consist of a five minute break.

Rules of the Game

11. There will be no coaching from the end line by coaches or spectators.
12. The ball may be blocked, trapped, kicked, dribbled, and passed with the feet, body, and head. Headers are NOT allowed in this league.
13. **Hand Ball:** A hand ball is a foul when a player touches the ball with any part of the hand or arm while intending to control the ball. If a player is not trying to control the ball, or is instinctively protecting himself or herself from injury, the referee should not call the Hand Ball foul. If a Hand Ball foul is called the ball will go to the opposing team at the spot of the foul for an Indirect Free Kick.
14. The following eight start/restart methods will be used: Kick Off, Throw In, Goal Kick, Corner Kick, Indirect Free Kick, Dropped Ball. There will be no Penalty Kicks in this league.
 - a. **Kick Off:** determined by Rock, Paper, Scissors. The team that wins will have the choice to kick off

to start the match or can choose to defend a particular goal. Whichever team doesn't get the kick off to start the game will be awarded the kick off to start the second half. The opponent must be 6 yards from the center mark when kick off takes place. The player kicking off must not play the ball again until it has been touched or played by another player from either team. A goal cannot be scored directly from a kick off.

- b. **Throw In:** called when the ball passes over a sideline, either on the ground or in the air. The ball is then thrown in by the opposing team. The throwers must face the field, shall use both hands, and both feet must remain on the ground at the time of the throw.
- c. **Goal Kick:** called when the ball passes over the end line excluding the portion between the goal posts, either in the air or on the ground, having last been played by one of the ATTACKING TEAM. It shall be kicked directly into play beyond the penalty area from a point within that half of the goal area nearest to where it crossed the line by a player of the defending team. The opposing team must move behind the midfield line until the ball has been kicked and received by a player on the offense's team. We want the kicker to pass the ball to his/her teammate and after the teammate receives the pass regular play can begin. This rule doesn't apply once the ball has crossed the midfield line. The kicker must not play the ball again until another player from either team touches or plays it. The goal kick must be retaken if the ball does not leave the penalty area after the goal kick.
- d. **Corner Kick:** called when the ball passes over the end line excluding the portion between the goal posts, either in the air or on the ground, having last been played by one of the DEFENDING TEAM, a member of the attacking team shall take a Corner Kick. The corner flags are not to be removed during the corner kick. A goal can be scored directly from a corner kick. The kicker must not play the ball again until another player from either team touches or plays it.
- e. **Indirect Free Kick:** called when a player commits one of the following offenses: kick, trip, strikes, pushes, holds an opponent, tackles the opponent to gain possession. The Indirect Free Kick is awarded to the opposing team and is taken from where the foul or infraction occurs. Opponents must be at least 10 yards from the ball when the free kick is taken. The kicker must not play the ball again until another team from either team touches or plays it. A goal may NOT be scored directly against the offending side.
- f. **Dropped Ball:** occurs when the referee stops play for a reason other than a rule being broken or time running out.

Officials

- 15. League games will have an SRC appointed referee unless otherwise unavailable. If a referee is not available, a coach from each team will ref.
- 16. The referee is responsible for keeping the official game time.

Unsportsmanlike Conduct

- 17. Unsportsmanlike conduct will not be tolerated. Any manager, coach, spectator, or player who displays unsportsmanlike conduct may be suspended for subsequent games, the remainder of the season or longer if deemed necessary by the recreation commission.
- 18. Foul and/or profane language is considered unsportsmanlike conduct and is grounds for ejection.
- 19. Rough play is considered unsportsmanlike conduct and is grounds for ejection.
- 20. Tobacco and alcoholic beverages are not permitted on or around the playing fields.

21. Any spectator who displays unsportsmanlike behavior may be asked to leave the playing area.